



**USA GYMNASTICS®**

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**Kentucky**

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# 2018 – 2019 Rules & Policies

Compiled and Effective

August 1<sup>st</sup>, 2018



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# USA Gymnastics – Kentucky Committee Members

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# USA Gymnastics - Kentucky Calendar of Events 2018 - 2019

## 2018

06/30/2018	<b>Kentucky Qualifiers Bid form deadline</b>			
08/31/2018	<b>Kentucky State Meet Bid form deadline</b>			
10/27 - 28/2018	<b>Thriller! (KQ)</b>	Levels 2 - 10 & Xcel (B - G)	Lexington, KY	Legacy Gymnastics
10/28/2018	<b>Excel Halloween Spooktacular (KQ)</b>	Levels 2 - 9 & Xcel	Berea, KY	Excel Gymnastics
11/10 - 11/2018	<b>Champion Challenge (KQ)</b>	Levels 2 - 6 & Xcel	Louisville, KY	Champion Gymnastics
11/10 - 11/2018	<b>Four Rivers Invitational (KQ)</b>	Levels 2 - 8 & Xcel	Paducah, KY	Lakewood Gymnastics
11/17 - 18/2018	<b>Thanksgiving Classic (KQ)</b>	Levels 2 - 10 & Xcel	Erlanger, KY	Top Flight Gymnastics
11/18/2018	<b>ALS Flip to Remember (KQ)</b>	Levels 2 - 7 & Xcel	Danville, KY	K.C.'s Gymnastics
12/01 - 02/2018	<b>Kentucky Judges' Cup (KQ)</b>	Levels 2 - 9 & Xcel	Richmond, KY	KY NAWGJ
12/08 - 09/2018	<b>Agility Gymnastics Invitational (KQ)</b>	Levels 6 - 10	Versailles, KY	Agility Gymnastics
12/08 - 09/2018	<b>Holiday Classic (KQ)</b>	Levels 2 - 8 & Xcel	Bardstown, KY	Blue Ribbon Sports

## 2019

01/05 - 06/2019	<b>Super Bowl Challenge (KQ)</b>	Levels 2 - 6 & Xcel	Louisville, KY	Champion Gymnastics
01/26 - 27/2019	<b>Becca's Beach Party (KQ)</b>	Levels 2 - 10 & Xcel (B - P)	Elizabethtown, KY	Becca's Place Gymnastics
02/01 - 03/2019	<b>Kentucky's Winter Classic (KQ)</b>	Levels 2 - 10 & Xcel	Louisville, KY	KGA / Excel
02/09 - 10/2019	<b>Fit Kids Challenge (KQ)</b>	Levels 2 - 7 & Xcel	Lebanon, KY	Fit Kids
02/15/2019	<b>Declaration Day (All Levels &amp; Divisions)</b>			
02/15/2019	<b>Entry Deadline – Kentucky State Championship (Levels 4 - 10)</b>			
02/16 - 17/2019	<b>Lakewood Classic (KQ)</b>	Levels 2 - 8 & Xcel	Paducah, KY	Lakewood Gymnastics
02/16 - 17/2019	<b>Heart Rock Classic (KQ)</b>	Levels 2 - 5 & Xcel (B - G)	Lexington, KY	Legacy Gymnastics
02/22/2019	<b>Entry Deadline – Kentucky State Championship (Levels 2 &amp; 3)</b>			
03/01 - 03/2019	<b>Champion Derby Classic (KQ)</b>	Levels 2 - 10 & Xcel	Louisville, KY	Champion Gymnastics
03/02 - 03/2019	<b>Bluegrass Challenge (KQ)</b>	Levels 2 - 5 & Xcel	Versailles, KY	Agility Gymnastics
02/15/2019	<b>Entry Deadline – Kentucky State Championship (Xcel)</b>			
03/16 - 17/2019	<b>Kentucky State Championship</b>	Levels 4 - 10		
03/23 - 24/2019	<b>Kentucky State Championship</b>	Levels 2 & 3		
04/13 - 14/2019	<b>Kentucky State Championship</b>	Xcel		
04/11 - 14/2019	<b>Region 5 Championship</b>	Levels 9 & 10		
04/26 - 28/2019	<b>Region 5 Championship</b>	Levels 7 & 8		
05/03 - 05/2019	<b>Region 5 Championship</b>	Xcel (S - D)		
05/10-12/2019	<b>National Championship</b>	Level 9		
05/18-19/2019	<b>National Championship</b>	Level 10		

# USA Gymnastics Kentucky Rules & Policies 2018 – 2019

New Material is highlighted in **yellow**

## Kentucky Qualifier Meets

### 1. Kentucky Qualifier (KQ) system:

- a. A Kentucky Qualifier (KQ) meet is a USA Gymnastics sanctioned competition that has been designated by the USA Gymnastics Kentucky State Committee as a meet at which a gymnast may earn a qualifying score to advance to the Kentucky State Championships.
- b. Levels 2 – 8 & Xcel gymnasts **MUST** compete in at least 2 KQ meets.
- c. Levels 9 & 10 gymnasts **MUST** compete in at least 1 KQ meet.
- d. Levels 2 – 4 & Xcel gymnasts **MUST** achieve the qualifying score at a KQ meet.
- e. Levels 5 – 10 gymnasts can achieve the qualifying score at any USA Gymnastics sanctioned event.

### 2. KQ meet requirements:

- a. KQ meets must submit a completed bid form to the State Administrative Committee Chair, [brianblewitt@blueribbonssports.net](mailto:brianblewitt@blueribbonssports.net).
- b. No more than 2 KQ meets will be awarded per weekend.
  - i. Preference will be given in order of received and approved bids.
  - ii. Bid acceptance dates are **04/01/2019 – 05/31/2019**. No bids will be accepted early.
- c. KQ meets must be open invitations to all USA Gymnastics Kentucky member clubs. The meet may also be open to out of state USA Gymnastics competitors.
- d. KQ meets must follow the sanctioning procedures as listed in the USA Gymnastics R&P.
  - i. Refer to chapter 9 part 1 in USA Gymnastics R&P for pre-meet flyer requirements.
  - ii. Equipment description: Meet Directors must list manufacturer(s) & type for all available equipment, including spring boards.
- e. KQ meets must follow the age group and minimum awards requirements as described in the USA Gymnastics Kentucky R&P.
- f. KQ meets must be hosted by a USA Gymnastics Kentucky member club or Kentucky organization (KY NAWGJ).
- g. It is suggested that non-removable wristbands be used as sign-in credentials at KQ meet.

### 3. KQ maximum competition fees:

- a. Levels 2 – 5 \$55.00 (in gym), **plus sales tax if applicable.**
- b. Levels 6 – 10 \$65.00 (in gym), **plus sales tax if applicable.**
- c. Xcel Bronze, Silver, & Gold \$55.00 (in gym), **plus sales tax if applicable.**
- d. Xcel Platinum & Diamond \$65.00 (in gym), **plus sales tax if applicable.**
- e. KQ meets using rented facilities and rented equipment are exempt from the above fee requirements. However, it is strongly encouraged to follow the fee requirements for level 2s.
- f. Entry fees are not refundable with less than 10 days prior notice to the meet director.

**4. KQ minimum age required to compete as per level:**

- a. Level 2 must have reached their 5<sup>th</sup> birthday.
- b. Level 3 must have reached their 6<sup>th</sup> birthday.
- c. Levels 4 – 7 must have reached their 7<sup>th</sup> birthday.
- d. Levels 8 & 9 must have reached their 8<sup>th</sup> birthday.
- e. Level 10 must have reached their 9<sup>th</sup> birthday.
- f. Xcel Bronze must have reached their 5<sup>th</sup> birthday.
- g. Xcel Silver must have reached their 6<sup>th</sup> birthday.
- h. Xcel Gold must have reached their 7<sup>th</sup> birthday.
- i. Xcel Platinum must have reached their 8<sup>th</sup> birthday.
- j. Xcel Diamond must have reached their 9<sup>th</sup> birthday.

**5. KQ age determinations:**

- a. Age as of the first day of the KQ meet.

**6. KQ age groups and sizes:**

- a. Consecutive ages can be combined.
- b. No single age group can exceed 15 athletes.
- c. Sessions may be divided by teams or by age groups.
- d. Must follow guidelines in USA Gymnastics R&P.

**7. KQ award requirements: Levels 2 – 10 & Xcel.**

- a. Achievement ribbons are no longer required for events following the USA Gymnastics R&P.
- b. Individual events: placement medals, plaques, or trophies must be given to the top 1/3 of each age group. Additional awards may be given.
- c. All-around placements: gold, silver, and bronze by percentage must be given to each gymnast. Also, special recognition is given to the top 3 in each age group with medals, plaques, or trophies.
- d. Pre-meet information must describe the awards to be given at the meet.

**8. KQ team awards:**

- a. A team consists of a minimum of 3 gymnasts.
- b. The top 3 scores per event will be used to calculate ALL team awards.
- c. Every team that pays a team entry fee must receive a TEAM AWARD.

**9. KQ judging requirements:**

- a. All levels 2 – 10 & Xcel divisions must have two judge panels for each event.
- b. Xcel divisions Bronze, Silver, & Gold judges must have a minimum rating of 4/5.
- c. In an emergency situation Xcel may be reduced to a one judge panel and follow the USA Gymnastics R & P guidelines.
- d. All assigning must go through the website, [www.gymjas.com](http://www.gymjas.com).
  - i. Assignments will remain in pending status until meet assigning fee is received.
  - ii. Payable to: KY NAWGJ.
  - iii. Mail to: Candace Alvey, 520 Creekwood Court, Bowling Green, KY 42101.

**10. KQ reporting procedures:**

- a. The following is due within 24 hours of the meet's conclusion:
  - i. The original Sanction Report form and the Coaches' Sign-in Sheet(s) to USA Gymnastics Member Services Department, 132 East Washington Street, Suite 700, Indianapolis, IN 46204.
- b. The following is due within 48 hours of the meet's conclusion:
  - i. A copy of Sanction Report and \$1.00 per gymnast to Regional Administrative Committee Chair: David Stiles, Region 5 RACC, 105 Woodland Lane, Carmel, IN 46032, [d.b.stiles@att.net](mailto:d.b.stiles@att.net), cell (317) 504-8281, gym (317) 849-7744.
  - ii. A copy of Sanction Report and \$2.00 per gymnast to the State Administrative Committee Chair: Brian Blewitt, 2388 New Haven Road, Bardstown, KY 40004, [brianblewitt@blueribbonssports.net](mailto:brianblewitt@blueribbonssports.net), cell (502) 419-0212, gym (502) 348-2164.
  - iii. **Submit all results to MY USAGYM APP**
- c. Not following this rule constitutes an offence. The meet director and gym club will lose the privilege of hosting future competitions. USA Gymnastics rule!



# Kentucky State Meets

## 1. State meet requirements:

- a. State meets must submit a bid form to the State Administrative Committee by August 31st.
  - i. Completed bids must include the following.
    1. Completed form.
    2. Drawing of the competition area including equipment, place for judges, place for athletes, spectators, and other key areas.
    3. Drawing of the facility including; parking, awards area, competition area, restrooms, concessions, and other key areas.
- b. After all bids have been submitted the State Administrative Committee will determine who is to host State Meets.
- c. State meets must be hosted by a USA Gymnastics Kentucky member club or Kentucky organization (KY NAWGJ).
- d. It is recommended the host site is not in-house (in gym). Other bids will be reviewed at the committee's discretion.
- e. Meet format must be able to accommodate the registered athletes and be conducted on the weekend (no Friday sessions).
  - i. The selected meet format must fit in the space available.
  - ii. The committee will compensate the host club for the additional cost of the second set of equipment, if requested by the host.
- f. An electronic scoring system must be used to display scores to spectators.
  - i. It is recommended the scoring system uses iPads for data entry.
  - ii. Must have backup score flashers available in case of emergency.
- g. State meets must follow the sanctioning procedures as listed in the USA Gymnastics R&P.
- h. State meets must follow the age group and awards requirements as described in the USA Gymnastics R&P and the Kentucky R&P.
- i. It is required that non-removable wristbands be used as sign-in credentials at Kentucky state meets.
- j. It is required to have an official trainer on site for the duration of the meet.
  - i. Including coaches access to first aid

## 2. State meet entry fees:

- |                            |  |
|----------------------------|--|
| a. Levels 2 & 3            | \$65.00, plus Sales Tax if applicable. |
| b. Levels 4 & 5            | \$70.00, plus Sales Tax if applicable. |
| c. Levels 6 – 10           | \$80.00, plus Sales Tax if applicable. |
| d. Event specialist        | \$80.00, plus Sales Tax if applicable. |
| e. Xcel Bronze             | \$65.00, plus Sales Tax if applicable. |
| f. Xcel Silver – Diamond   | \$65.00, plus Sales Tax if applicable. |
| g. Team fees               | \$40.00, plus Sales Tax if applicable. |
| h. Gate fees to not exceed | \$20.00, plus Sales Tax if applicable. |

### 3. State meet qualifying scores and procedures:

- a. Level 2 32.00 at a KQ meet.
- b. Level 3 33.00 at a KQ meet.
- c. Level 4 34.00 at a KQ meet.
- d. Levels 5 – 10 32.00 at any USA Gymnastics sanctioned competition.
- e. Xcel 32.00 or equal event score average at a KQ meet.
- f. Levels 2 – 8 & Xcel gymnasts **MUST** compete in at least 2 KQ meets.
- g. Levels 9 & 10 gymnasts **MUST** compete in at least 1 KQ meet.
- h. Levels 2 – 4 & Xcel gymnasts **MUST** achieve the qualifying score at a KQ meet.
- i. Levels 5 – 10 gymnasts can achieve the qualifying score at any USA Gymnastics sanctioned event.
- j. For any optional using an out of state meet to qualify to state you must send a copy of the results within 7 days of the meet to Brian Blewitt, [brianblewitt@blueribbonssports.net](mailto:brianblewitt@blueribbonssports.net).

### 4. Optional level event specialist:

- a. An optional level gymnast may enter Kentucky State meet as an event specialist and must qualify by achieving a score of 8.5 per event at any USA Gymnastics competition, maximum of 3 events.
- b. An event score from an all-around score in any USA Gymnastics sanctioned competition can be used to qualify to the Kentucky State meet. The State committee will not require the gymnast to designate that they are competing as an individual specialist in pre-state meet competitions. (This is to reflect new discussions by the National J.O. committee and cleared with Tom Koll and Connie Maloney).
- c. Coaches must declare on the State Meet Entry form if the athlete is an event specialist or all-around, and they **MUST** compete that way at State and above.
  - i. Gymnast can change from an All-Around to Event Specialist up to before the start of their session.
  - ii. If gymnast status changes the coach is responsible for bringing verification that the gymnast has met the qualifying procedures.
- d. The entry fee will be the same as the all-around fee.
- e. Athletes who are limited in the number of events in which they can perform due to a permanent physical handicap (verified by a physician) may petition to qualify to a higher level by achieving an average score equal to the average of the All-Around qualifying score for that level. Submit petitions in a formal written request for Levels 7 and below to the State Administrative Committee Chairman and the final decision is determined by the State Administrative Committee. For Levels 8 and above, petitions are sent to the Regional Administrative Committee Chairman and the final decision is determined by the Regional Administrative Committee.

### 5. State declaration date:

- a. According to the USA Gymnastics R&P the state committee must set a declaration date, after which a gymnast may not drop back to a lower level for state meets.
- b. USA Gymnastics – Kentucky declaration date is **02/15/2019** for all levels.

**6. State meet entry deadline:**

- a. The deadline for all state meets is to be 4 weeks ahead of the meet date.
- b. Levels 2 & 3                   **02/22/2019.**
- c. Levels 4 – 10               **02/15/2019.**
- d. Xcel                           **03/15/2019.**
- e. All entries MUST be in hand to the meet director before the deadline or it will be considered late.
- f. All entries received after the deadline or if the entry is completed improperly will be charged a late fee of \$25.00 per gymnast.
- g. Entries must include:
  - i. Competitors and petitioned athletes' name(s), USA Gymnastics member number, birthdate, citizenship, age division, date of qualification, and qualifying meet.
  - ii. The name(s) and USA Gymnastics professional number and safety certification expiration of all participating coaches.
  - iii. ALL FEES PAID IN FULL.

**7. Qualifying for State meets after the deadline:**

- a. List athletes who are attempting to qualify at the bottom of your meet entry form and list the competition that they will attempt qualifying in.
- b. DO NOT pay their fees if they have not qualified.
- c. On the Monday following the qualifying meet, you must contact the meet director and let them know if they qualified.
- d. A check must be postmarked on the Monday following the qualifying meet or you will owe the late fee!

**8. State meets age determination: Age as of the last day of the championship meet.**

- a. Levels 2 & 3                   03/24/2019   (State).
- b. Levels 4, 5, & 6           03/17/2019   (State).
- c. Level 7 & 8                04/28/2019   (Regional).
- d. Level 9                     05/12/2019   (Eastern).
- e. Level 10                    05/19/2019   (J.O. National).
- f. Bronze                     04/14/2019   (State).
- g. Silver – Diamond        05/05/2019   (Regional).

**9. State meet age groups and sizes:**

- a. Ages will be divided into equal groups (JR 1, JR 2, SR 1, ...).
- b. No single age group can exceed 15 athletes.
- c. Age groups will be determined and announced at the time of the schedule being released. After this time age groups will not be changed.
- d. Must follow guidelines in USA Gymnastics R&P.

## 10. State meet awards requirements: Levels 2 – 10 & Xcel.

- a. Achievement ribbons are no longer required for events following the USA Gymnastics R&P.
- b. Individual events medals will be given to the top 50% of each age group.
  - i. Levels 2 -10 medals must be A1 Awards state medals; Gold for 1<sup>st</sup>, Silver for 2<sup>nd</sup>, Bronze for 3<sup>rd</sup> and A1 Awards uni medals; Bronze for 4<sup>th</sup> plus.
  - ii. Xcel medals must be A1 Awards xcel medals; Gold for 1<sup>st</sup>, Silver for 2<sup>nd</sup>, Bronze for 3<sup>rd</sup> plus.
- c. All-Around placement will be given to 100% of AA competitors.
  - i. 1<sup>st</sup> through 3<sup>rd</sup> must use A1 Awards 6 X 8 USA Gymnastics Stock Plaque.
  - ii. 4<sup>th</sup> plus must use A1 Awards 5 X 7 USA Gymnastics Stock Plaque.

## 11. State meet team awards:

- a. Team size definition
  - i. Levels 2 & 3 will be divided into 2 team divisions (Large & Small).
    1. Small team shall be 3 – 8 gymnasts.
    2. Large team shall be 9 or more gymnasts.
    3. Team size will be determined at time of meet entry.
  - ii. Levels 4 – 10 & Xcel teams consist of a minimum of 3 gymnasts.
- b. Scores used to calculate team score.
  - i. Levels 2 & 3 Small Team top 3 scores per event will be used to calculate team score.
  - ii. Levels 2 & 3 Large Team top 5 scores per event will be used to calculate team score.
  - iii. Levels 4 – 10 & Xcel top 3 scores per event will be used to calculate team score.
- c. Every team that pays a team entry fee must receive a TEAM AWARD.
- d. Team awards must use A1 Awards 30 x 36 Banner.

## 12. State meet judging requirements:

- a. Levels 2 – 8 must use a minimum of two judges per event.
- b. Levels 9 & 10 may not be combined with any other level and are expected to use a four-judge panel. This session may have a two-event rotation schedule.
- c. In the case that the entry numbers for levels 9 & 10 do not allow for a four-judge panel, then a two-judge panel system is acceptable.
- d. Xcel divisions Bronze, Silver, & Gold judges must have a minimum rating of 4/5.

### 13. State meet reporting procedures:

- a. The following is due within 24 hours of the meet's conclusion:
  - i. The original Sanction Report form and the Coaches' Sign-in Sheet(s) to USA Gymnastics Member Services Department, 132 East Washington Street, Suite 700, Indianapolis, IN 46204.
- b. The following is due within 48 hours of the meet's conclusion:
  - i. A copy of Sanction Report and \$1.00 per gymnast to Regional Administrative Committee Chair: David Stiles, Region 5 RACC, 105 Woodland Lane, Carmel, IN 46032, [d.b.stiles@att.net](mailto:d.b.stiles@att.net), cell (317) 504-8281, gym (317) 849-7744.
  - ii. A copy of Sanction Report and \$3.00 per gymnast (with \$1.00 dedicated to the State Banquet) to the State Administrative Committee Chair: Brian Blewitt, 2388 New Haven Road, Bardstown, KY 40004, [brianblewitt@blueribbonssports.net](mailto:brianblewitt@blueribbonssports.net), cell (502) 419-0212, gym (502) 348-2164.
  - iii. A copy of the meet results (all-around and individual event scores for each level and age division) to the Regional Technical Chair, Char Christensen, 1260 Churchbell Way, Columbus, OH 43235.
  - iv. A copy of the meet results (all-around and individual event scores for the appropriate level and age division) to the regional meet director.
  - v. A copy of the results must be in Excel format and emailed to Brian Blewitt, [brianblewitt@blueribbonssports.net](mailto:brianblewitt@blueribbonssports.net).
  - vi. **Submit all results to MY USAGYM APP.**
- c. The following is due within 45 days of the meet's conclusion:
  - i. The meet director must submit a financial report, including all income and expenses involved in the meet, to State Administrative Committee Chair: Brian Blewitt, 2388 New Haven Road, Bardstown, KY 40004.
- d. Not following this rule constitutes an offence. The meet director and gym club will lose the privilege of hosting future competitions. USA Gymnastics rule!