



USA GYMNASTICS®

Kentucky

Upcoming Events

10/23/2016
Halloween Spooktacular
Excel Gymnastics

10/29-30/2016
Thriller!
Legacy Gymnastics

11/12-13/2016
Fall Challenge
Champion Gymnastics

11/19-20/2016
Thanksgiving Classic
Top Flight Gymnastics

12/3-4/2016
Kentucky Judges' Cup
KY NAWGJ

FALL NEWSLETTER

October 2016

The **2016 Kentucky Rules & Policies** is now available on the website, www.usagymkentucky.com. Please take the time to download and review. As the season is about to start please be sure you are up to date with all of the rules & policies. In addition to the Kentucky rules & policies there are also the National rules & policies, Women's program operating code, JO code of points, JO compulsory handbook, Xcel code of points, and all of the most recent updates. It can be a lot to keep up with be sure to check Kentucky's website for the latest updates and get organized before the season starts.

CONGRATULATIONS

Agility Gymnastics will be hosting Levels 2, 3, & Xcel State Meet this season.

Excel Gymnastics will be hosting Levels 4-10 State Meet this season.

SAVE THE DATE!

**2017 Region 5 Congress
in Louisville, KY.**

Start planning now there will be no better opportunity for continued education any closer to home.

ITS TIME TO RENEW Have you renewed?

On July 31, 2016 all USA Gym memberships expired; Member Clubs, Pro members, & Athlete members. Before meet season begins are you up to date. Have you renewed your professional membership, Safety Cert up to date, Background Screening current, U100 completed? All this needs to be done before you can walk into the competition arena.

When renewing your athletes did you check their birthdays, are they in the correct level, is their name spelled correctly?

GOOD LUCK to **Jenny Korossy** of Excel Gymnastics and **Amelia Ulmer** of Legacy Gymnastics who are at the TOPs National Testing in Houston, TX

COMMITTEE MEMBERS

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Jennifer Layne - Eastern Rep.
Donna Ethridge - Western Rep.
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